



**DAYBREAK**  
TELEPSYCH



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## Scope of Services

Get Mental Health Services in Washington

At Daybreak Telepsych, we are committed to providing comprehensive and compassionate mental health care to our patients. Our services are designed to meet the unique needs of individuals across different stages of life. With a focus on personalized care, we offer a range of psychiatric services to support your mental health and well-being.

[Learn more →](#)

## Our Areas of Focus



### Adult Psychiatry

Our experienced team of psychiatric professionals is dedicated to addressing the mental health needs of adults. Whether you're experiencing anxiety, depression, mood disorders, or other mental health concerns, we provide tailored evaluations, medication management, and second opinion consultations to help you achieve a healthier, more balanced life.

[Learn more](#)



### Geriatric Psychiatry

Mental health challenges can change and evolve as we age. At Daybreak Telepsych, we understand the unique mental health needs of older adults. Our geriatric psychiatry services are designed to address issues such as dementia, anxiety, depression, and other cognitive or mood disorders that can affect seniors. We work closely with patients and their families to ensure comprehensive care and support.

[Learn more](#)



### Children and Adolescents

We recognize that children and adolescents may require specialized mental health care. At Daybreak Telepsych, we approach the mental health needs of younger individuals on a case-by-case basis. Our goal is to provide appropriate and compassionate care, ensuring that the unique developmental and emotional needs of children and adolescents are met. Please contact us to discuss specific concerns or to schedule a consultation for your child.

[Learn more](#)

## Our Services Include



Second Opinion Consultations



Medication Evaluations



Urgent Medication Refills

#### Second opinion consultations

If you're uncertain about a diagnosis or treatment plan, we offer expert second opinions to provide clarity and reassurance. Our professionals will review your medical history, current medications, and symptoms to offer a well-informed perspective. Get our second opinion mental health services in California, Idaho, and Washington.

#### Medication evaluations

Finding the right medication can be crucial for effective treatment. We provide thorough medication evaluations to identify the most suitable options for managing your mental health. Our team will consider your personal history, symptoms, and previous treatment responses to tailor a medication plan that works for you. Get our medical evaluation services in California, Idaho, and Washington.

#### Urgent medication refills

We understand that running out of medication can be stressful. Daybreak Telepsych offers urgent medication refill services to ensure continuity of care. Please note that we do not prescribe controlled substances, and we encourage you to work closely with your primary care provider for these needs. Get urgent medication refills in Idaho, California, and Washington.

**Important Information:** For the safety and well-being of all our patients, Daybreak Telepsych does not prescribe controlled medications. We are committed to ethical and responsible care, focusing on non-controlled medication management and therapeutic support.

We will be providing mental health services in Idaho and California as well.

#### Is the patient experiencing any of the following?

- Active suicidal or homicidal ideation with a plan
- Severe self-harm or injury
- Psychotic symptoms causing danger (e.g., hallucinations commanding harm)
- Severe agitation or aggression
- Inability to care for basic needs (e.g., extreme disorientation)

YES

NO

## Frequently Asked Questions

What services does Daybreak Telepsych offer?



Daybreak Telepsych provides a range of psychiatric services, including adult, geriatric, and child/adolescent psychiatry. Our services include second opinion consultations, medication evaluations, and urgent medication refills.

Do you provide services for all age groups?



What should I expect during a second opinion consultation?



How can I schedule a consultation for my child or adolescent?



## Get in Touch

If you or a loved one are in need of psychiatric services, please don't hesitate to reach out. Our team at Daybreak Telepsych is here to help you navigate your mental health journey with the care and support you deserve.

Contact Us →

First Name \*

Last Name \*

Email \*

Phone \*

Your Message \*

■ By providing my phone number, I consent to receive SMS text messages from Daybreak Telepsych for appointment reminders, marketing messages, and general two-way communication. Msg frequency varies. Msg & data rates may apply. Reply HELP for support. Reply STOP to opt out. Refer to our Privacy Policy and Terms and Conditions for more information.

Submit

### About

At Daybreak Telepsych, we are committed to providing comprehensive and compassionate mental health care to our patients.

Monday – Friday 9AM – 5PM

Saturday – Sunday Closed

Holidays By Email

### Latest News



How Medication Can Help with Adult Depression

May 19, 2025



What Does Comprehensive Adult Mental Health Care Look Like?

May 6, 2025



Is Depression a Psychiatric Illness?

May 5, 2025

### Useful Links

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### Contact Information



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